

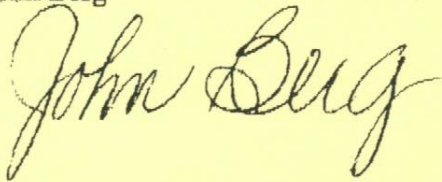
John Berg  
Chief Electrical Inspector  
City of Rochester

To The Manufacturer of Swedish Back Care Systems,

I purchased my unit in August of 1992 after trying it at a local county fair where it was being demonstrated. I could never have imagined the impact this apparatus would have on my life. I had lived with nagging lower back pain for years. The only relief from the pain was by the use of medications. With the use of the Back-A-Traction each morning before I go to work, I am pain free. My job requires walking approximately 26 miles a week which puts a lot of stress on the lower back, but yet I remain pain free throughout the day by lying on the unit 15 minutes each morning. I have told my wife on more than one occasion that this has been the best investment of my life, and it continues to be. There are many inversion tables on the market, but none that uses the sliding backrest which allows you to get the benefit of gradually stretching the muscles, while taking pressure off the discs at such a low inversion angle. Most require you to be totally inverted because of the friction of your clothes against the table. There have been occasions when I haven't practiced the correct lifting motion and wrenched my back, at which time I have received immediate relief of the pain by use of my Back-A Traction.

Thankyou for helping me enjoy life the last 10 years.

John Berg

A handwritten signature in cursive script that reads "John Berg". The signature is written in dark ink and is positioned below the typed name.