



# Back to BASICS Therapy

KATHY GAJEWSKI, PT, CNMT

Registered Physical Therapist  
Certified Neuromuscular Therapist

October 10, 2003

Karin Jansson  
Swedish Backcare System, Inc.  
Plaza South, Suite 106  
4475 US1 South  
St. Augustine, FL 32086

Dear Karin:

Thank you for saving my husband's life! Several years ago my husband had a severe bulging lumbar disc and along with using the McKenzie methods of treatment I decided to buy your demonstration model Back-A-Traction to assist his recovery. The decompression effect was badly needed to counteract his almost 12 hours of sitting a day. I am happy to report that after about six months my patients were in more need of the machine than he was and you were kind enough to take it from my home to my physical therapy clinic.

After several years of use, I have found most of the benefit for my patients with bulging discs and degenerative joint or disc disease. Arthritic conditions benefit also and the freedom of movement allows some exercise while decompressing. Another added benefit seems to be in greater circulation of blood to the organs and assisting venous flow.

In my practice I do quite a bit of manual soft tissue work such as myofascial release and neuromuscular therapy and the big advantage of this machine over any other cheaper models is being able to do treatment while in the prone position. Speaking of cheaper models, I have found nothing to compare to the quality and durability of your machine. I have also used many kinds of both manual crank and electric traction devices in other clinics, which I feel, are now outmoded by your machine. I would recommend it to anyone for either home or clinic use.

Sincerely,

*Kathy Gajewski, PT, CNMT*

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Phone/Fax (904) 826-1915

Office Location: ~~HEALING WATERS CLINIC~~

2200 NORTH PONCE DE LEON BLVD. • SUITE 5 • ST. AUGUSTINE, FL 32084

Mailing Address: 1835 US 1 SOUTH, STE 119-252 • ST. AUGUSTINE, FL 32084

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