



CONCORD CHIROPRACTIC CLINIC

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April 29, 1998

DR. WILLIAM H.M. MEREDITH

Attn: Karen
Sweedish Backcare System, Inc.
Plaza South, Suite 106
4475 U.S. 1 Hwy. South
St. Augustine, FL 32086

Dear Karen:

I am writing to express my sincere gratitude to you and your father for making the Mastercare Antigravity table available to us for back impairment cases. Our results have been astounding as we utilize the procedure in the office accompanied by ultrasound. This allows more elasticity of the holding mechanisms of the spine and associated soft tissue. The discs are hydroscopic and expand, thereby increasing the distance between the vertebral bodies.

When a patient is capable of utilizing a unit at home, we encourage them to purchase or lease one for their everyday use, thus allowing them to employ the unit twice a day (4 - 5 minutes per session). As they improve, they are able to lengthen their sessions as well as the number of sessions per day.

We instruct our patients to use only a 15 setting (as we do in our office) until a full restoration has been achieved, after which, they may use their own discretion when increasing the degree of antigravity procedure. After 6 - 8 weeks of regular antigravity sessions, a patient is usually able to incorporate certain exercises into their sessions. These exercises have proven to be very beneficial and the feed-back from our patients is most gratifying.

My staff members each have an antigravity unit in their homes. This allows them to encourage patients, relating to them the benefits of intelligent antigravity use from their own personal experiences.

Thank you so much for this wonderful modality to assist mankind with their back problems.

Sincerely,

William H. Meredith, D.C.
WHM/dml